



## Supporting Independent Living in Retirement Villages

### External bin support for residents and families

Simon's Property & Community Care provides a simple, reliable, non-clinical external bin placement and return service for people living independently in retirement villages. The service removes a common weekly barrier to independence by managing council bins safely and consistently, while respecting village operations, OHS requirements, and existing care arrangements.

#### **What the Service Is**

A weekly external support service that includes taking council bins out the evening before collection, returning bins after collection, coordinating correct bin placement across waste streams, supporting tidy and well-presented bin areas, and adjusting placement based on village layout, access points, or shared collection zones. The service operates outside the home and does not involve personal care, clinical tasks, or indoor support.

#### **Who This Service Is For**

This service is suitable for residents who live independently within a retirement village and find bin day physically difficult, unsafe, or stressful. It is commonly used by residents experiencing balance, strength, mobility, or fatigue challenges, those using continence aids requiring reliable weekly waste disposal, and residents who value reassurance and consistency. Families often arrange this service to support loved ones to remain independent and reduce risk.

#### **How the Service Fits Within a Retirement Village**

Bin collection arrangements vary between villages. Some residents manage bins individually, while others use shared or grouped bin collection areas. The service is delivered in a way that respects village rules and common areas, aligns with existing bin collection systems, supports clear access and tidy external presentation, and avoids disruption to staff, carers, or other residents.

#### **Funding & Support Options**

Depending on individual circumstances, this service may be funded in different ways. Some residents or families choose to privately fund the service. In other cases, support may be arranged through private aged care providers, community care services, or package-based funding where appropriate. Funding suitability depends on individual arrangements and provider guidelines.

#### **Pricing (for Reference)**

The standard weekly rate for a typical household bin placement and return service is \$10 per week. In some retirement village settings, pricing may vary depending on shared or managed bin collection areas, number of bin locations, access considerations, and coordination requirements. Any variations are discussed transparently and agreed in advance.

#### **What the Service Is Not**

This service does not include personal care or clinical services, support work inside the home, manual handling beyond external standard bin use, or replacement of village staff or care provider

responsibilities. The service is designed to complement existing supports, not replace them.

## **Professional Foundation**

Simon's Property & Community Care is built on over 25 years of Registered Nurse experience, specialising in aged care, community care, and palliative care. This background informs a strong understanding of independence, safety, dignity, and system boundaries, ensuring the service is delivered thoughtfully and responsibly within a clearly defined, non-clinical scope.

## **Contact**

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Simon's Property & Community Care is not a registered aged care or NDIS provider. Services provided are non-clinical, external household supports only and are delivered independently. Funding and inclusion decisions remain the responsibility of the resident, family, provider, and or plan manager.